



What to Expect Post-Procedure:

- When it is time to go home, you will change back into your clothing.
- You will receive detailed verbal and written post-surgical care instructions by a nurse (please follow these instructions). Your escort must be available to discuss and sign these instructions before you will be allowed to go home.
- When you are at home, you may feel a little dizzy and sleepy. We strongly suggest you do not drive or operate machinery, make important decisions, drink alcoholic beverages or sign legal documents for 24 hours following surgery.
- Recovery at home has many advantages: it is more comfortable to be in familiar surroundings; it reduces complications; it permits you to be with family members and loved ones, and it allows you to return to work more rapidly.
- Prepare to eat a light diet for the first 24 hours and be sure to drink fluids.
- Please call your doctor or the surgery center if you have any questions or concerns. Your post-operative doctor -follow-up appointment will be given to you prior to discharge.
- A nurse from our center will call you one day after your surgery to see how you are feeling.
- You may be required to have labs drawn 48 hours after your procedure. Should this be the case we will provide you with a lab order to take to the lab facility of your choosing.
- If you experience anything unusual after your surgery, please call our office (949) 387-4724. In case of emergency call 911 or go to the nearest emergency room.